



(/)

Tel: 01373 837333 (<http://uk.findex.com/01373837333>)

Search

- [Home \(/\)](#)
- [What We Do \(/what-we-do.html\)](#)
- [How We Do It \(/how-we-do-it.html\)](#)
- [Our Team \(/our-team.html\)](#)
- [Our Customers \(/our-customers.html\)](#)
- [Free Resources \(/free-resources.html\)](#)
- [Contact Us \(/contact-us.html\)](#)
- [more...](#)

Trainers Masterclass

Using Nature to Enhance Learning

Nature sharpens the senses, focuses the thinking, opens the heart and soothes the spirit. When learners are connected with nature their willingness, capacity and ability to learn is significantly increased. As trainers we can create more valuable, effective learning experiences by harnessing the power of nature.

In this half day experiential workshop you'll discover:

- The effect of nature on the human brain and how this affects our energy, creativity, insight and productivity.
- How being in or connected to nature helps learners to learn.
- How to incorporate nature into your training in order to create lasting and powerful learning, including:
 - Bringing nature into the training room
 - Using nature as a metaphor
 - Creating training materials from nature
 - Using nature as a mirror for self-reflection and awareness
 - Finding solutions in nature

You'll leave with a clear understanding of the value of nature as a learning tool and lots of practical ideas and tools for incorporating nature into your own training.

Trainer



Nicki is Director of Saltbox Training & Events. With over 25 years' experience in leadership, management and training, Nicki designs and runs training for senior managers and staff at a range of organisations in the corporate, charity and public sectors as well as running open courses at the Salthouse.

Nicki is an active branch committee member for the CIPD (Chartered Institute of Personnel and Development), and is also a member of the British Psychological Society. She has ILM and CIPD qualifications, and is an accredited Master TetraMap® facilitator.

Nicki believes that we all perform best when our mind is free, our body relaxed, and our creative potential unlocked, and she uses imaginative, enjoyable methods to make training lively, fun and colourful, so that people participate more, learn better and are inspired to put their learning into practice.

Nicki loves being outdoors and considers a connection to the natural world as essential for wellbeing, creativity, and inspiration.



"Look deep into nature and you will understand everything better." Albert Einstein
"Come forth into the light of things - let Nature be your teacher." William Wordsworth

Date & Time

Friday 15th September 9.30am - 1.00pm

Price

Price includes delicious brain-friendly lunch

Corporate:	£80 + vat
Charity, public sector	£65 + vat
Small business (<25 staff):	£65 + vat
Individual:	£55 + vat

Location

The Salthouse [click here for venue details \(http://www.the-salthouse.co.uk\)](http://www.the-salthouse.co.uk)

Church Street, Nunney, Frome, Somerset, BA11 4LW



To book a place or find out more...

Ring us on 01373 837333 or email us (<mailto:info@salt-box.co.uk>) or complete a booking form (<https://form.jotformeu.com/61154496450355>)

Site Map (Click on the relevant page below and you'll be transported there in an instant!)

Home (/)
 What We Do (/what-we-do.html) In-house Training (/in-house-training.html)
 Open Courses (/open-course-programme.html)
 SpiderWeb Leadership Development Programme (/leadership-development.html) (/leadership-development.html) (/leadership-development.html)
 Employee Conferences and Events (/employee-events.html)
 Team Development (/team-development.html)
 (/)Employee Wellbeing (/employee-wellbeing.html)
 Trainers Exchange (/trainers-exchange.html)
 Training Venue - The Salthouse (/inspiring-training-venue.html)
 TetraMap (/tetramap-profiling-tool.html)
 Nature at Work (/nature-at-work-tool.html)
 How We Do It (/how-we-do-it.html)
 Our Team (/our-team.html)
 Our Customers (/our-customers.html)
 Free Resources (/) Creativity resources (/creativity-resources.html)
 Change resources (/change-resources.html)
 Wellbeing Resources (/wellbeing-resources.html)
 Learning & Training resources (/learning--training-resources.html)
 Leadership resources (/leadership-resources.html)
 Contact Us (/contact-us.html)
 Blog (/blog.html)

Saltbox Training & Events Ltd.

The Salthouse
 Church Street
 Nunnery
 Frome
 BA11 4LW

Tel: 01373 837333

email: info@salt-box.co.uk
 (<mailto:info@salt-box.co.uk>)

Learn how to use nature in training to improve and increase learning.